

DURHAM BOARD OF COUNTY COMMISSIONERS

Proclamation

ROOTED IN WELLNESS DAY | 2025

- WHEREAS,** Rooted in Wellness Day, is an indispensable statewide initiative that mobilizes communities across North Carolina to engage in collective action for health equity, offering free services such as heart health screenings, mammograms, immunizations, nutrition education, and Medicaid expansion information; and
- WHEREAS,** the North Carolina Black Alliance, alongside over 200 grassroots partners, leads this effort to meet people where they are—at churches, community centers, and trusted local spaces—ensuring that every person, especially those from Black and Brown communities, has the opportunity to access care with dignity and without barriers; and
- WHEREAS,** St. Mark AME Zion Church continues to be a cornerstone in advancing community health and wellness in Durham, modeling what it looks like when faith and public health walk hand in hand; and
- WHEREAS,** by serving as a host site for Rooted in Wellness Day, St. Mark AME Zion Church is not only opening its doors, but opening pathways to care, hosting Durham’s Rooted in Wellness Day and standing as a beacon of what it means to serve the whole person—body, mind, and spirit; and
- WHEREAS,** this annual event affirms that our health is deeply rooted in the policies we pass, the investments we make, and community power, agency, and joy; and
- WHEREAS,** faith leaders and grassroots organizations are reimagining care as collective, holistic, and grounded in justice at a time when safety nets like Medicaid and SNAP are under attack; and
- WHEREAS,** Rooted in Wellness Day reminds us that public health is not just about medicine, but about community, policy, and the shared belief that everyone deserves to thrive; and
- NOW, THEREFORE,** I, Nida Allam, Chair and on behalf of the Durham Board of County Commissioners, do hereby proclaim September 20, 2025, as

“ROOTED IN WELLNESS DAY”

in Durham County, North Carolina, and encourage all to recognize and appreciate Rooted in Wellness Day and its impact on our community.

This 22nd day of September 2025.

Nida Allam, Chair
Durham Board of County Commissioners

