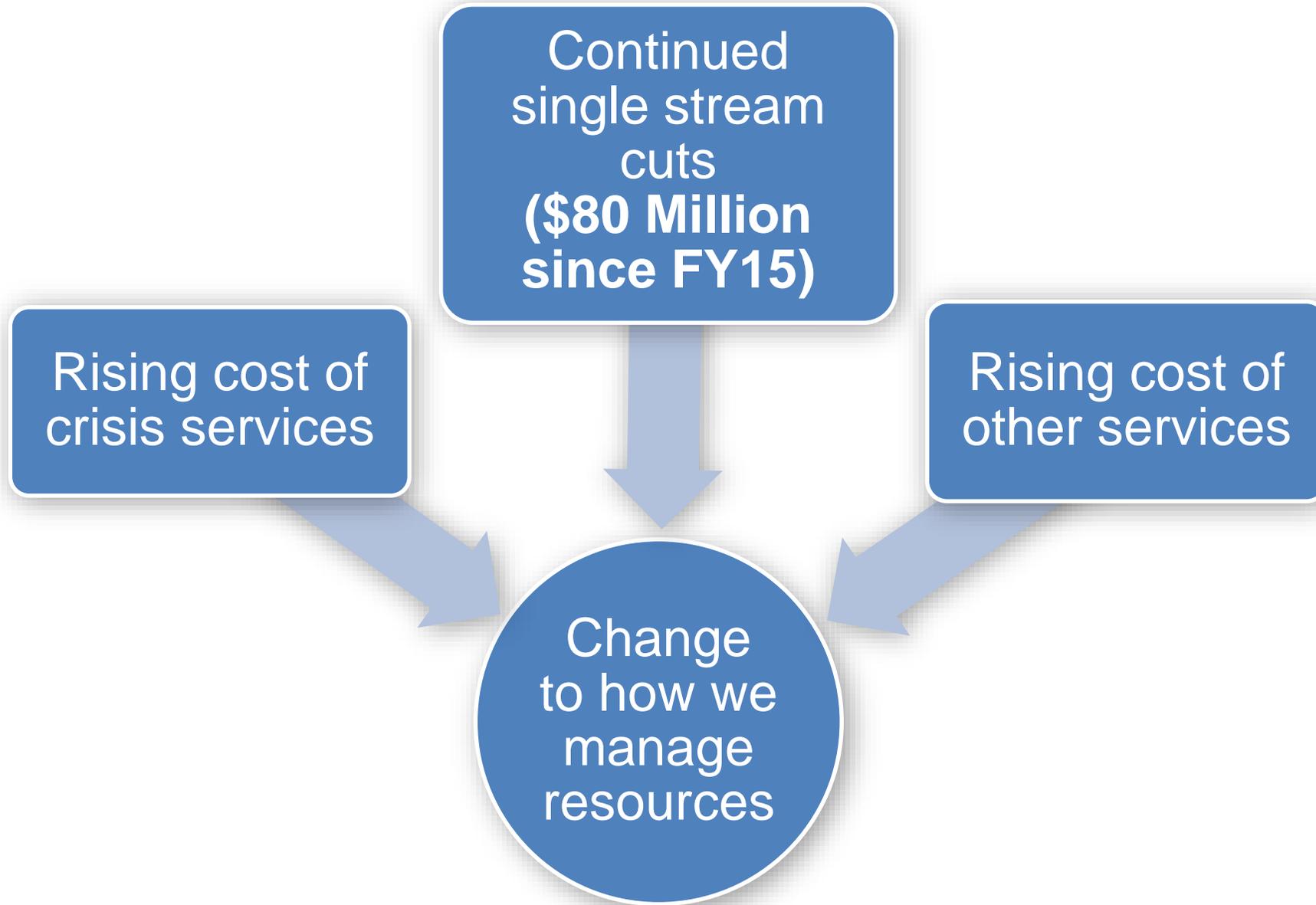




Presentation to  
Durham Board  
of County Commissioners  
December 2, 2019

# Agenda

- Single stream reductions
- Group home changes
- Community initiatives
  - Supportive housing
  - Efforts to address opioid epidemic
- Medicaid reform



# Multiple Approaches to Addressing

- Administration
- Finding other business opportunities
- Adjustments to reinvestments
- Non-Medicaid service management
  - Changes to specific community programs

# Non-Medicaid Service Management

- Target is to reduce annual spending on non-Medicaid benefit plan
  - In line with proposed legislative requirements regarding level of required service spending
  - Reduces use of fund balance to support non-Medicaid services
  - Provides funding to plan for and address rising service costs

# Non-Medicaid Service Management

- Principles
  - Develop a sustainable benefit plan that ensures high quality, evidence-informed, safety-net services and supports
  - Create greater access and consistency of services available across our region
  - Continue to support individuals currently in treatment by honoring current service authorizations
  - All individuals impacted will have access to an alternative service

# Benefit Plan Changes

- Freeze referrals to Intensive In-Home Therapy (IIH), Substance Abuse Comprehensive Outpatient Treatment (SACOT) and Dialectical Behavioral Therapy (DBT)
- Assertive Community Treatment (ACT) and Community Support Team (CST) reserved for priority populations
  - Short-term freeze to account for new spending limit
- Substance Abuse Intensive Outpatient Program (SAIOP) limited to one complete episode per year

# Redesigning our Residential Continuum

- 2015 – Alliance contracted with Technical Assistance Collaborative (TAC) to assess three primary areas:
  - Residential capacity regarding quality and availability of housing and service options
  - How these options are accessed/utilized
  - Associated costs
- Results showed overreliance on group homes and misalignment with housing choice and community living options

# The Redesign

- Current focus on people with primary mental illness residing in group living settings
- Goal to implement a comprehensive recovery-oriented System of Care built on:
  - Housing choice and access to safe and affordable housing
  - Wraparound services and supports that promote community inclusion and quality of life
  - Alternative models to long-term congregate living
  - Provider competency for tenancy supports integrated with treatment interventions

# Community Initiative – Supportive Housing

- Administer four Permanent Supportive Housing (PSH) programs
  - 2 CoC funded for chronically homeless adults and families
  - Health and Housing Program (partnership with RHD and Duke)
    - Focuses on persons who are homeless and high utilizers of ED
  - Coming Home (partnership with Re-entry Council, detention center and RHD)
    - Justice Involved persons who are homeless or at-risk of homelessness

# Community Initiative – Supportive Housing

- Invested almost \$4.5 million dollars in affordable housing creating 57 set aside units
  - \$3 million in Durham for 37 units
- Independent Living Initiative
  - Financial assistance program for eviction prevention and rapid re-housing
  - Over \$200,000 expended annually

# Community Initiative – Supportive Housing

- Partnered with Durham Housing Authority to access 25 mainstream vouchers
- 89 persons housed as part of Transition to Community Living Initiative (TCLI)

# Community Initiative – Fighting Opioid Misuse

- Increased number of uninsured and Medicaid covered individuals who received methadone treatment
- In partnership with the Hope Centre for Advancement, opened the only office-based opioid treatment program for the uninsured in the Alliance region
- Provided \$300,000 in medication used to treat opioid dependence to uninsured individuals receiving opioid treatment

# Community Initiative – Fighting Opioid Misuse

- Partnering with the Durham County Detention Center to support the initiation of medication assisted treatment while individuals are in custody and ensure connection to services upon release
- Engaged in a project with Duke to ensure individuals seen in the ED for opioid related health conditions are linked to specialized treatment

# Types of NC Managed Care Plans

- Standard Plans

- Serve most Medicaid enrollees, including adults and children
- Provide integrated physical health, behavioral health, and pharmacy services at launch of Medicaid managed care program

- Tailored Plans

- Specifically designed to serve special populations with unique health care needs
- Provide integrated physical health, behavioral health, and pharmacy services

# Standard Plan Contracts

- Statewide PHP contracts were awarded to:
  - AmeriHealth Caritas North Carolina, Inc.
  - Blue Cross and Blue Shield of North Carolina
  - UnitedHealthcare of North Carolina, Inc.
  - WellCare of North Carolina, Inc.
- PHP contract awarded to Carolina Complete Health, a provider-led entity (PLE), to operate in Regions 3 and 5

# Managed Care Delay Update

- NC on hold until further notice for moving Medicaid to Managed Care
- Open Enrollment suspended effective immediately
  - Enrollment Broker call center will continue to take calls and field questions through December 13, 2019
- Medicaid coverage does not change
  - LME/MCOs continue providing coverage for BH/IDD benefits
  - DHHS continues providing physical health services (fee for service)

# Tailored Plans

- No changes to Tailored Plan implementation resulting from the managed care delay
- LME/MCOs are the only entities that may operate a Tailored Plan during the initial term (4 years)
- There will be 5-7 Tailored Plans (yet to be determined)
- Tailored Plans must partner with a Standard Plan

# Tentative Tailored Plan Timeline

- February 2020 – RFA for Tailored Plan contracts
- Remainder of 2020 – Tailored Plan contract awards and readiness reviews
- July 2021 - Tailored Plan go-live

# Community Forum on Upcoming Changes

- Sponsored by the Durham Consumer and Family Advisory Committee (CFAC) and Community Collaborative in partnership with Alliance Health
  - Thursday, December 12, 2019, 5:30-7:30pm
  - Nehemiah Center, 513 N. Mangum Street, Durham
- Agenda includes Medicaid Transformation, Rylan's Law, Family First Prevention Services Act, and Raise the Age