

DURHAM BOARD OF COUNTY COMMISSIONERS

Proclamation

**3RD ANNUAL NORTH CAROLINA BLACK ALLIANCE
ROOTED IN WELLNESS DAY | 2024**

- WHEREAS,** Rooted in Wellness Day is a day of collective action, where communities come together across the state to offer local resources that support community well-being and agency, such as heart health screenings, mammograms, immunizations, and information about health insurance; and
- WHEREAS,** Rooted in Wellness Day is a statewide event hosted simultaneously in multiple local communities across the state of North Carolina to advance health equity; and
- WHEREAS,** St. Mark AME Zion Church is a trailblazer in addressing community health and transforming the lives of those in their community through the Health Ministries and will host Durham's Rooted in Wellness Day at their church; and
- WHEREAS,** the North Carolina Black Alliance believes every American should have access to healthcare in time of injury or illness; and
- WHEREAS,** Black and Brown communities carry the burden of inequitable healthcare policies and disparities in the North Carolina healthcare system; and
- WHEREAS,** the impact of Rooted in Wellness Day is bringing communities not reached by the traditional healthcare system closer to resources that support their overall health and well-being; and
- WHEREAS,** local leaders from faith communities and grassroots organizations directly impact the progress of health equity in their communities through health policies and mutual aid by convening local Rooted in Wellness Day sites; and
- WHEREAS,** greater access to resources and screenings that support community health and well-being and receiving education on healthcare issues impacting communities locally and statewide creates healthier communities that are more informed about the interconnectedness of democracy and health equity.

NOW, THEREFORE, I, Nida Allam, Chair and on behalf of the Durham Board of County Commissioners, do hereby proclaim September 28, 2024, as

“ROOTED IN WELLNESS DAY”

in Durham County, North Carolina, and commend its observance to all citizens in recognition of the positive impact of Rooted in Wellness Day on our community.

This the 23rd day of September 2024.

Nida Allam, Chair
Durham Board of County Commissioners

