



Presentation to the  
**Durham Board  
of County Commissioners**

April 2, 2018

# Presentation Items

- Housing Initiatives
- Recovery Response Renovations
- Medicaid Reform
- Financial Update
- *Appendix: Provider & Service Updates*

# Housing is a Healthcare Strategy

“Access to safe, quality and affordable housing – and the supports necessary to maintain that housing – constitute one of the most basic and powerful social determinants of health.

In particular, for individuals and families trapped in a cycle of crisis and housing instability due to poverty, mental illness, addictions or chronic health issues, housing can **entirely** dictate their health and health trajectory.”

*World Health Organization, 2008*

# Supportive Housing

- Quality, permanent and affordable
  - Landlord/tenant relationship
  - Promotes housing choice
- Housing First
  - No preconditions to “housing readiness”
- Comprehensive, person-centered services
  - Includes dignity of risk
- Community integration

# Alliance Housing Initiatives

- Independent Living Initiative
- Restoring Hope Initiative
- Transitions to Community Living Initiative
- Supportive Housing
  - Durham DASH
  - Health and Housing – Duke Health System
  - RHD
  - Opioid Housing Plus Pilot

# Alliance Housing Initiatives

- Master leasing
- Capital investments
- Landlord Leasing Incentive Program
- Ready to Rent training
- Subsidy administration for TCLI vouchers
- Technology Assisted Housing

# Independent Living Initiative

- Short-term, one-time financial assistance
- Serves single adults, couples or families
- Have to currently be involved in services
- Rapid re-housing or eviction prevention funds
- Alliance investment – \$750,000 annually
- Durham amount spent as of February – \$167,954



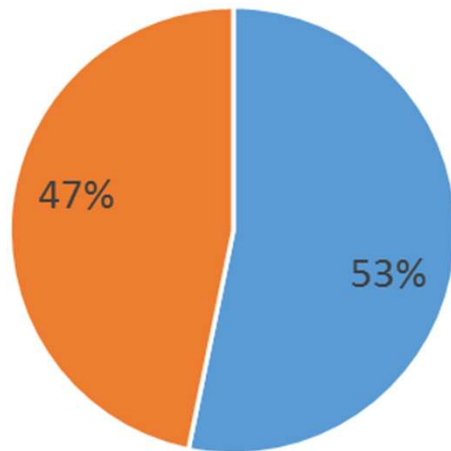
# Durham Approved ILI Applications

	2016			2017		
	Single	Couple	Family	Single	Couple	Family
July	9	1	4	13	0	5
August	14	0	7	16	0	2
September	14	0	3	12	1	5
October	8	0	5	22	0	2
November	7	0	4	16	0	2
December	16	1	3	9	0	3
<b>Total</b>	<b>68</b>	<b>2</b>	<b>26</b>	<b>88</b>	<b>1</b>	<b>19</b>



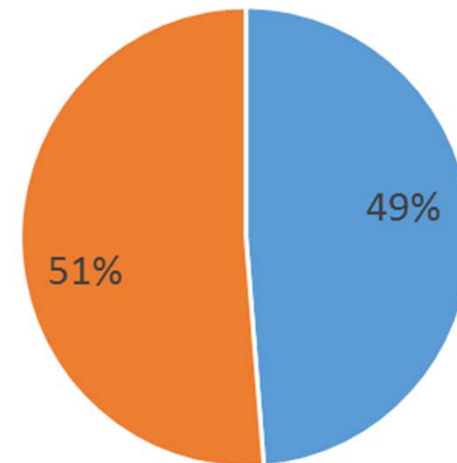
# Criminal Justice Involved

2016 - All Applications



■ CJ Involvement ■ No CJ Involvement

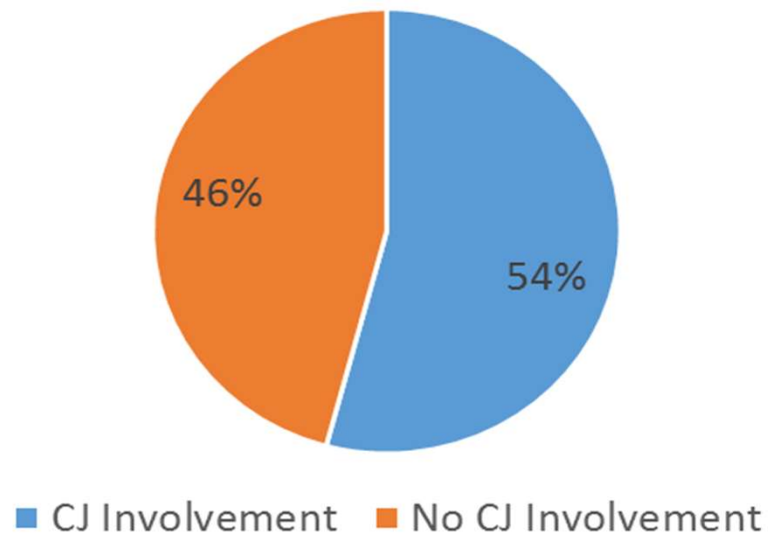
2017 - All Applications



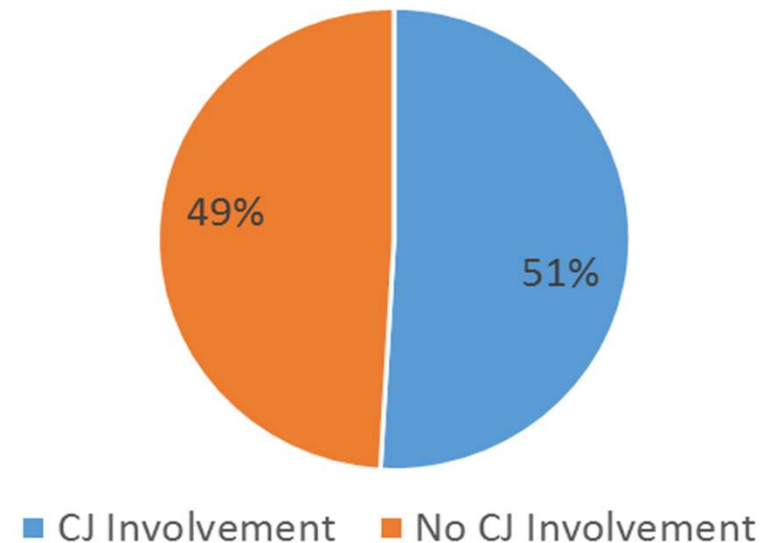
■ CJ Involvement ■ No CJ Involvement

# Criminal Justice Involved

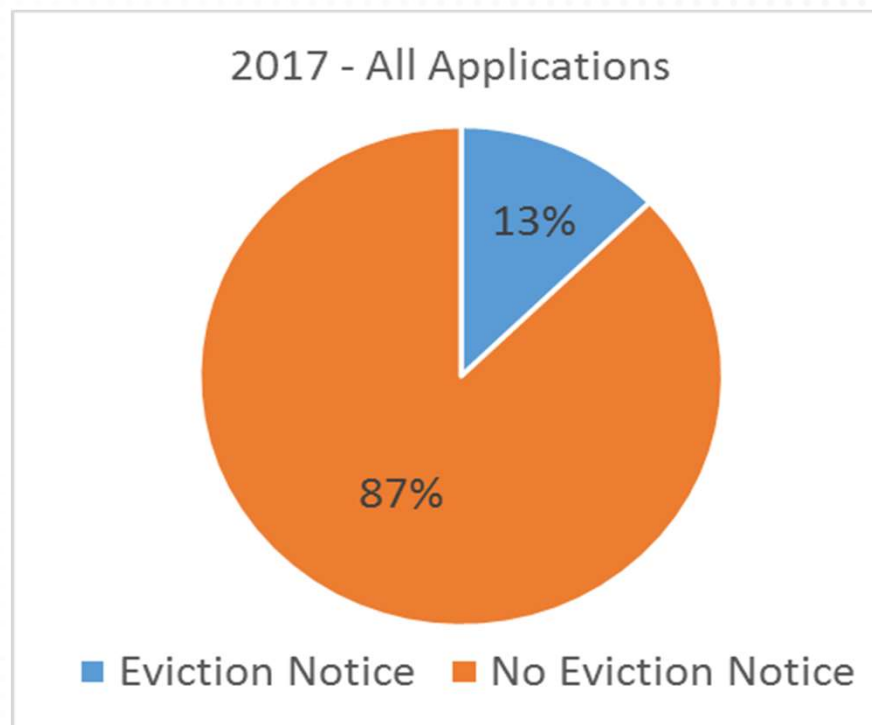
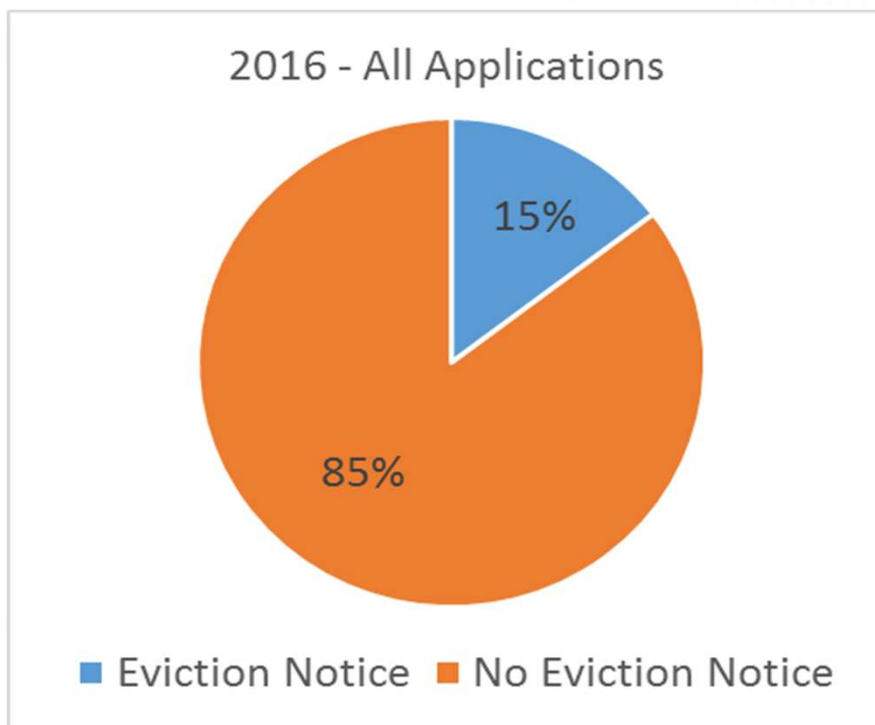
2016 - Funded Applications



2017 - Funded Applications

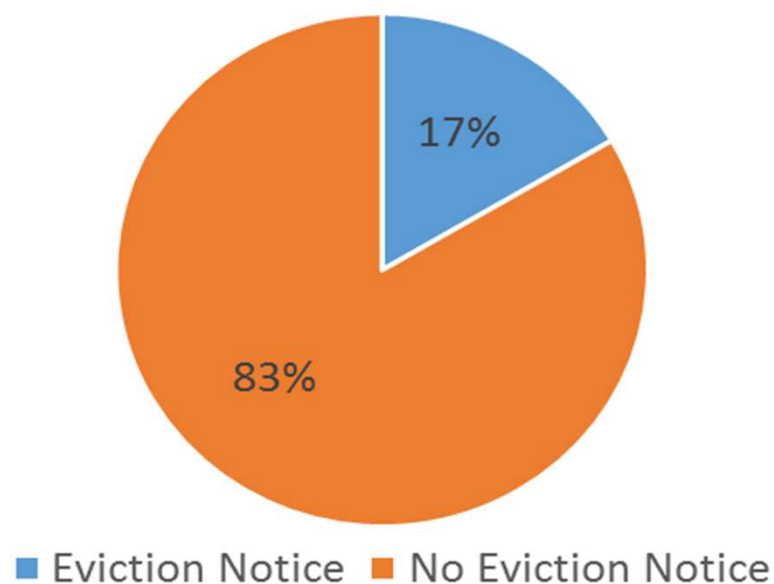


# ILI Applications Involving Eviction Notices

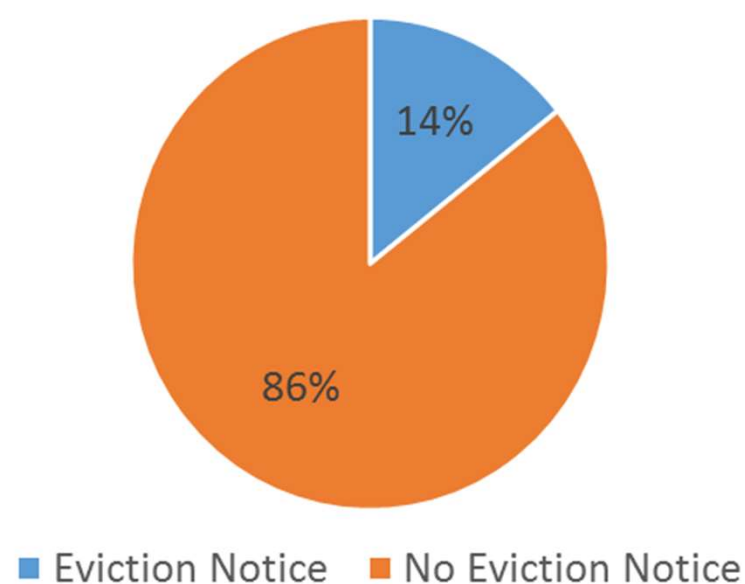


# ILI Applications Involving Eviction Notices

2016 - Funded Applications



2017 - Funded Applications



# Common Sources of Income

Most common sources of income from funded applications
1. Food Stamps
2. Employment
3. SSI
4. SDDI

Funded applications with top four sources of income		
	2016	2017
0 of top 4	21	32
1 of top 4	42	41
2 of top 4	30	29
3 of top 4	3	6

# Crisis Center Update

- Alliance issued an RFQ for Architectural Design services pursuant to NCGS 143-64-31
- DTW responded and was awarded the project on November 14, 2016
- On November 30, 2016 approval requested by the County Manager pursuant to Section 5 of the lease agreement
- Approval granted January 25, 2017

# Recovery Response Center Renovation

- 16-bed facility adding two offices, one quiet room, and open space for two tables
- 11 (CEO) chairs in the retreat area, one more bed in B Wing Corridor (middle section), 18 open seats (conversation area), two tables
- Dining room will be opened up to include space for triage and police lockers
- Lincoln Clinic expands from one exam area to four



# Renovation Outcomes

- Increased visibility (treatment area for staff to see consumers)
- Expanded space for Lincoln Community Health Services
- Remodeled bathrooms for safety, ADA and anti-ligature standards
- Reconfigured quiet room in order to receive consumers

# Renovation Outcomes

- Reconfigured dining hall area to make room for triage area and police lockers
- Face-lift and minor repairs to kitchen area

# Renovation Update

- June 2017 – Durham County review of plans
- July-October – DHHS final review
- October-January – bid and contract process
- February 2018 – Construction meetings
- March 5 – Construction started!

# Renovation Update

- Six phases
  - Dining room – started March 5
  - Retreat
  - Living room
  - Convert temporary bedrooms to office in Retreat
  - Lincoln Clinic
  - Police locker area in dining room
- Approximately 282 days through completion certificate

# Medicaid Reform and Merger Update

# Medicaid Reform Current Plan

Capitation	<ul style="list-style-type: none"><li>• Full capitation</li></ul>
Infrastructure	<ul style="list-style-type: none"><li>• Division of Health Benefits</li><li>• LME/MCOs remain in current form for 4 years after implementation on physical health side</li></ul>
Health Plans	<ul style="list-style-type: none"><li>• Up to 12 Provider Led Entities (PLEs) in 6 regions</li><li>• 3 statewide Commercial Plans (CPs)</li></ul>

# Medicaid Reform Current Plan

- Standard Plans

- Will serve most Medicaid enrollees including adults and children
- Will provide integrated physical health, behavioral health, and pharmacy services at launch of Medicaid managed care program

- Tailored Plans

- Previously DHHS referred to these plans as Special Needs Plans or Specialty Plans
- Will be specifically designed to serve special populations with unique health care needs



# Revised Medicaid Reform Plan

- Federal approval needed for NC's Medicaid Transformation plan
  - State submitted an 1115 application to CMS on June 1, 2016
  - Revised 1115 waiver submitted in November 2017
- State legislative approval needed for NC to implement key components of this plan
  - Legislation defining Medicaid Reform (HB 403)
  - Core of the bill defines Standard Plans and Tailored Plans

# Medicaid Transformation Timeline

Key Activity	Estimated Date
1115 waiver application submitted	June 1, 2016 (revised submission Nov. 2017)
CMS waiver approval (assumed)	Spring, 2018
NC Legislative approval (assumed)	Spring, 2018
Medicaid Managed Care RFP issued	May-July 2018
PHP contracts awarded	Fall 2018
Medicaid Managed Care go-live	July 1, 2019
Tailored Plans go-live (assumed)	July 2020 or 2021

# Johnston County Merger

- Alliance and Johnston entered an Interlocal Agreement in February 2013 allowing Alliance to manage Medicaid and State dollars in Johnston County
- We have a subcontract for Johnston County to provide Care Coordination and Individual and Family Affairs in the county

# Johnston County Update

- Alliance Board approved the Deal Points regarding the formal consolidation with Johnston County on March 1
- Johnston County BOCC approved Deal Points on March 5
- Consolidation effective July 1, 2018
- Goal to provide a seamless transition for staff, consumers and providers

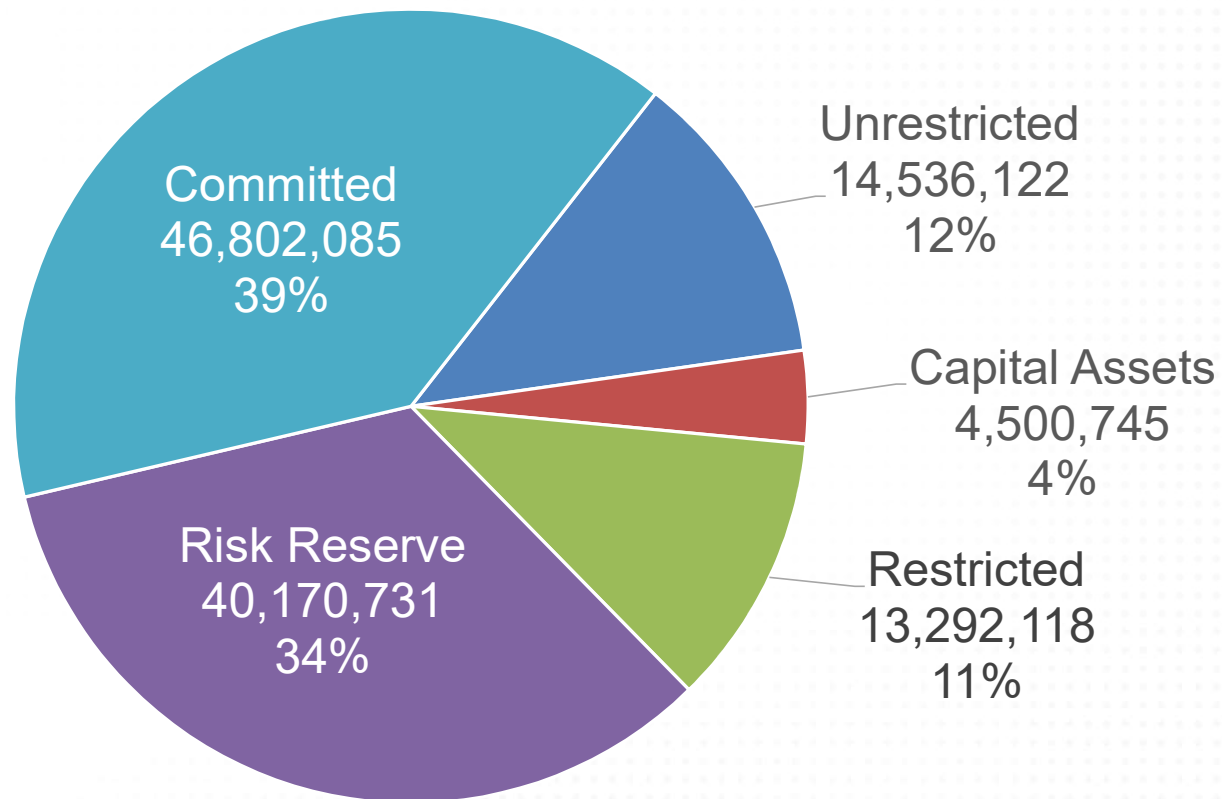
# Financial Update

# Alliance FY18 Funding

Source	Amount	% of Total
Medicaid	\$415,470,331	77.48%
State	\$83,833,344	15.63%
Local	\$36,034,939	6.72%
Grants/Misc.	\$883,000	0.16%
Total	\$536,221,615	100.0%

# Net Position – \$119,301,801

*as of February 28, 2018*





# Single-Stream Reductions

Fiscal Year	Alliance Share of Legislative Reduction (RECURRING)	Alliance Share of Legislative Reduction (NON-RECURRING)	Total Legislative Reduction
FY16		\$11,066,104	\$110,000,000
FY17		\$15,264,638	\$152,000,000
FY18	\$7,468,941	\$8,478,129	\$86,942,289
FY19	\$10,226,331	\$9,357,813	\$90,608,677

# Impact

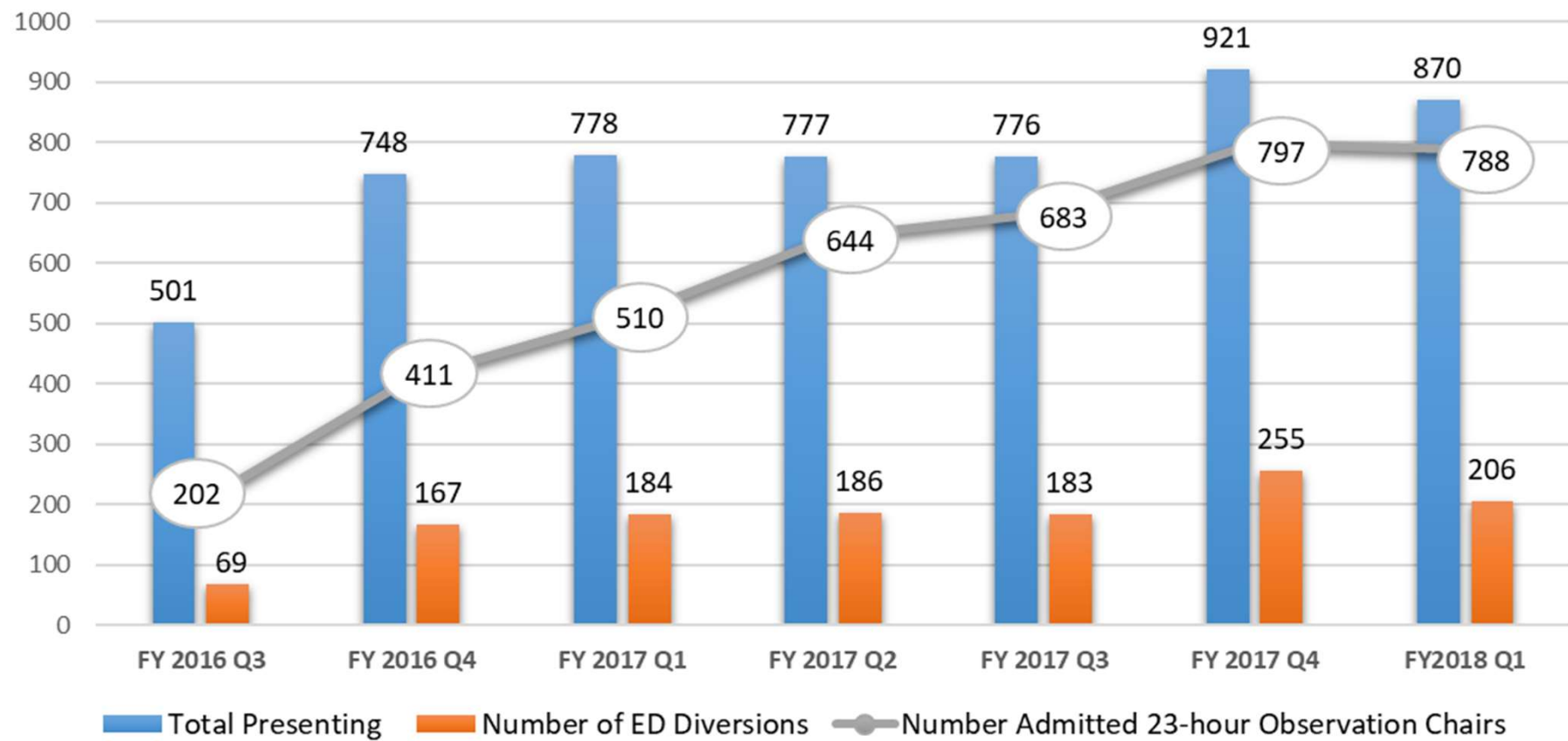
- Original plan - \$43M
- Revised plan - \$29M
  - Not included:
    - Wake Adult Crisis
    - Expansion of Behavioral Health Urgent Care
- Continued legislative reductions - \$10.2M

# Appendix

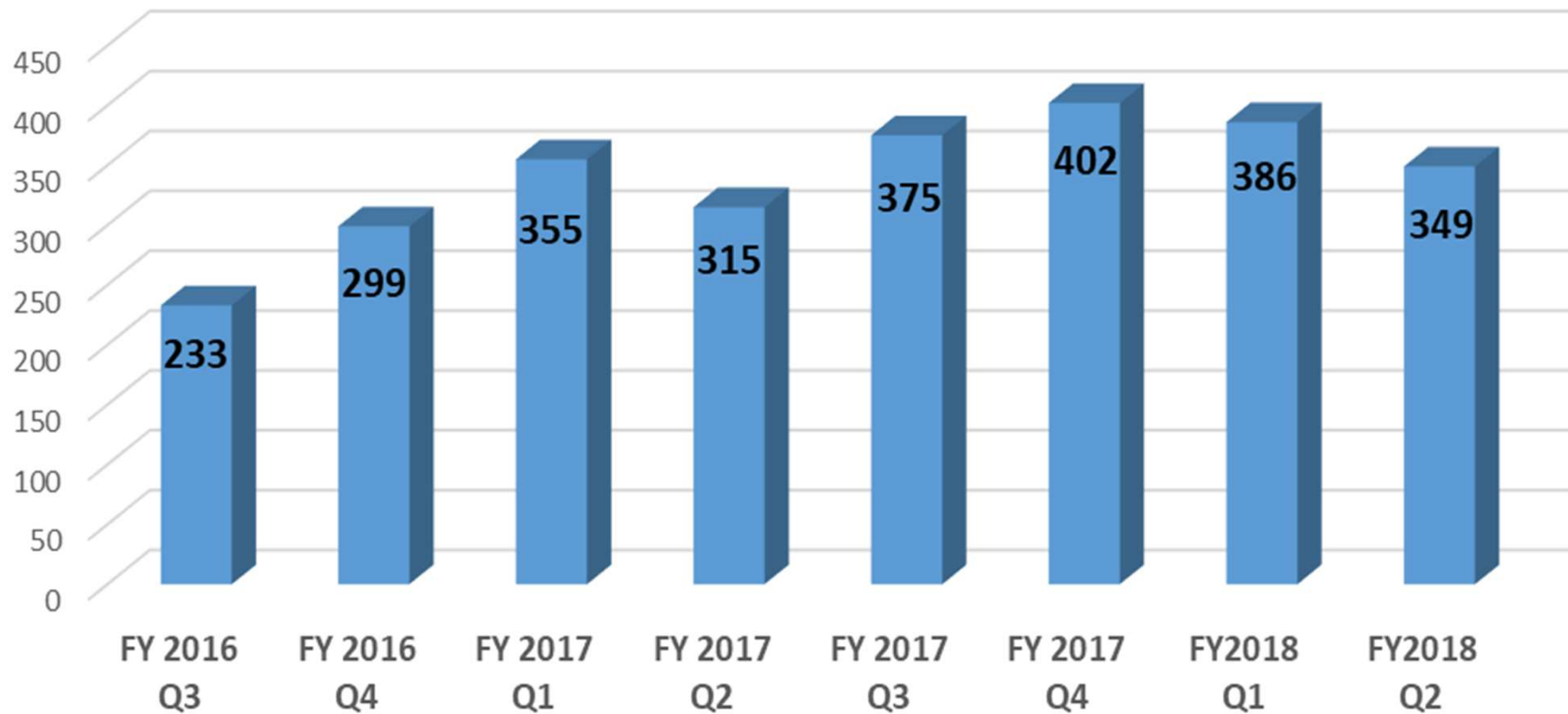
# Crisis Diversion Services

- Recovery Response Center
  - Recovery Innovations
- Mobile Crisis
  - Freedom House
  - Therapeutic Alternatives
- Behavioral Health Urgent Care
  - Carolina Outreach

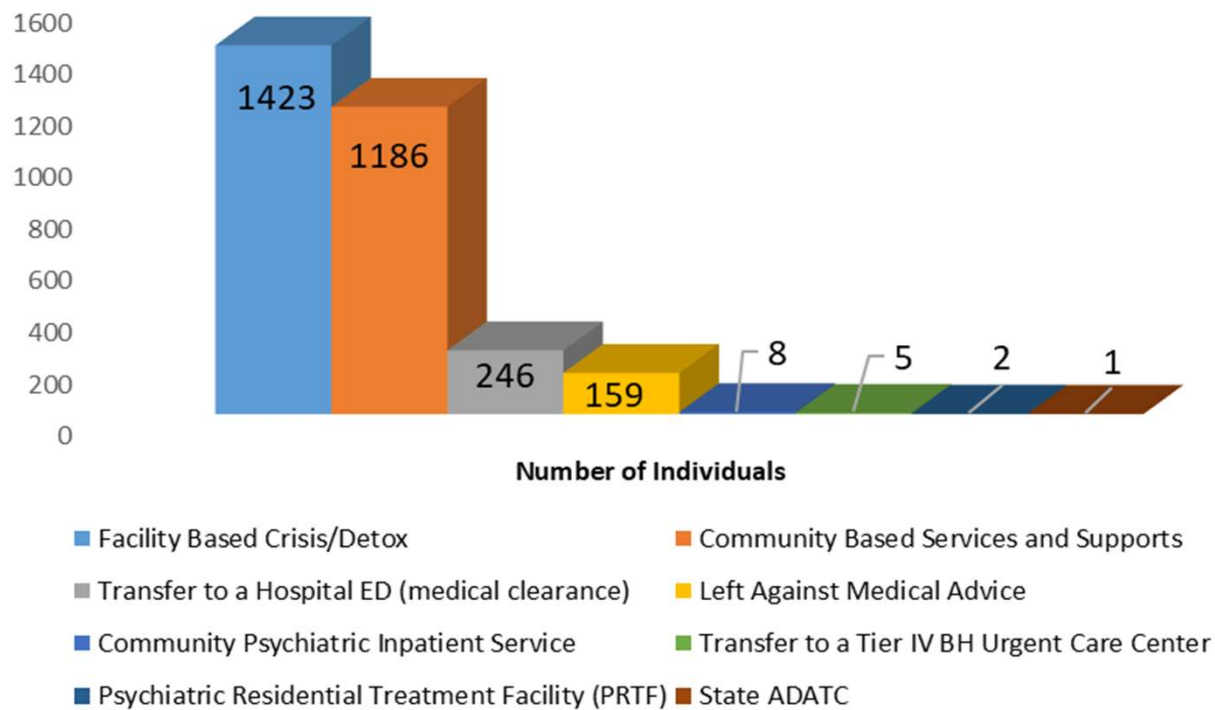
## Recovery Innovations Crisis Evaluation and Observation



## Recovery Innovations Facility Based Crisis



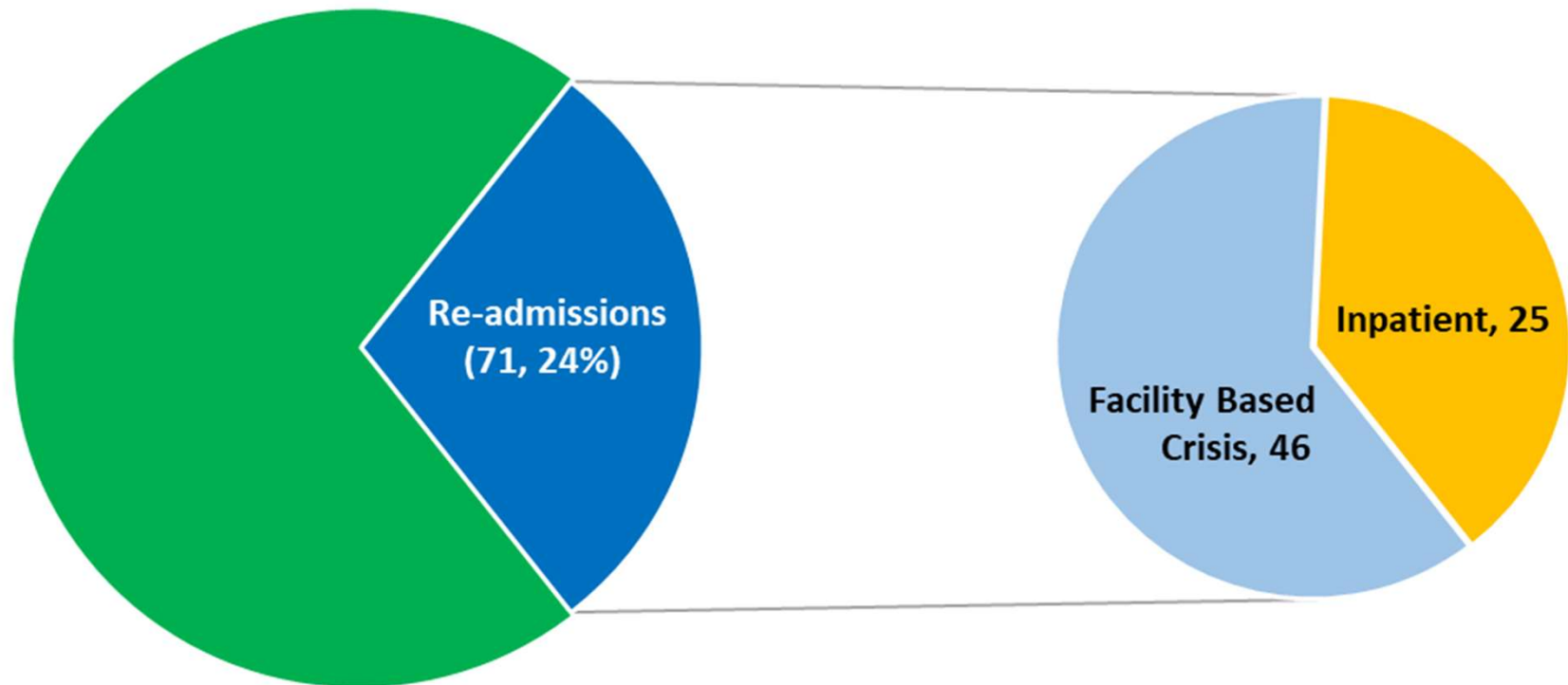
Recovery Innovations Crisis Evaluation and Observation Services:  
Disposition at Discharge  
*January - December 2017 = 3030 Distinct Admissions*



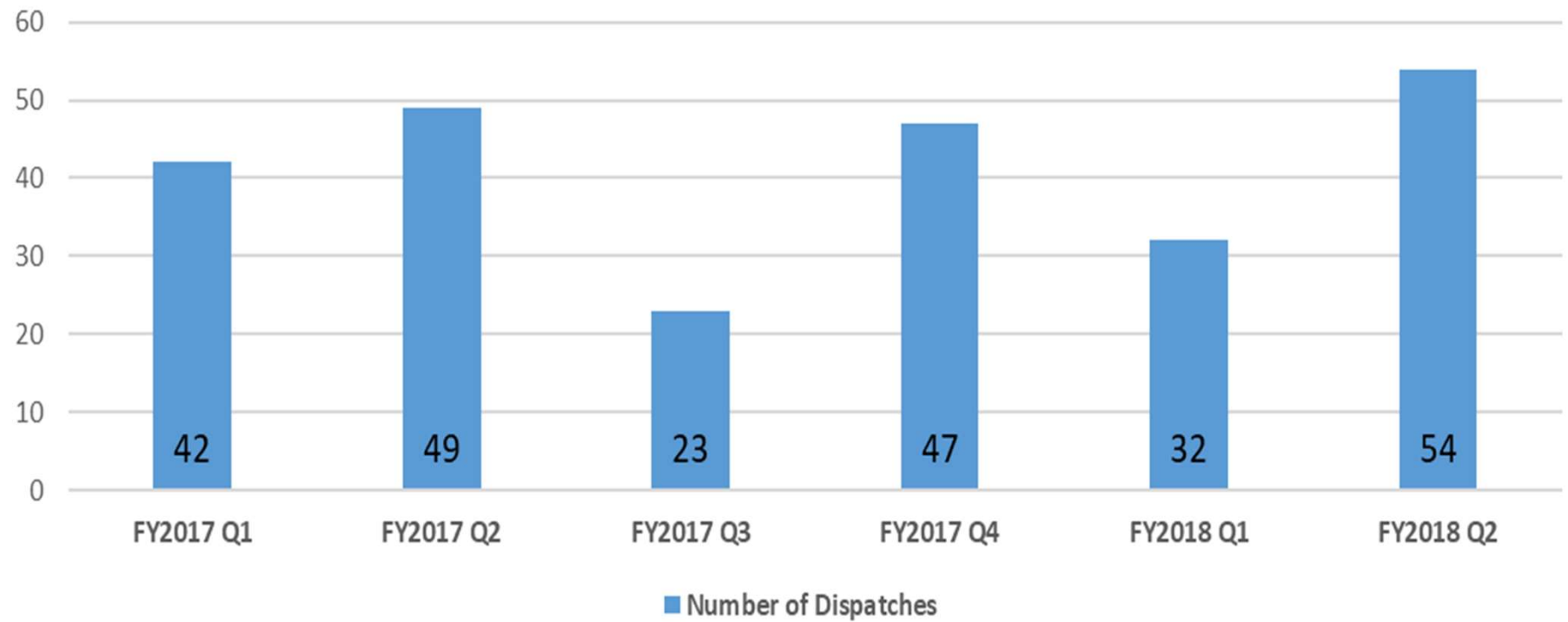


## Recovery Innovations Facility Based Crisis: 90 Day Re-admission Rate

Sample: 291 FBC Admissions 1/01/2017 - 9/30/2017



## Freedom House: Mobile Crisis Services

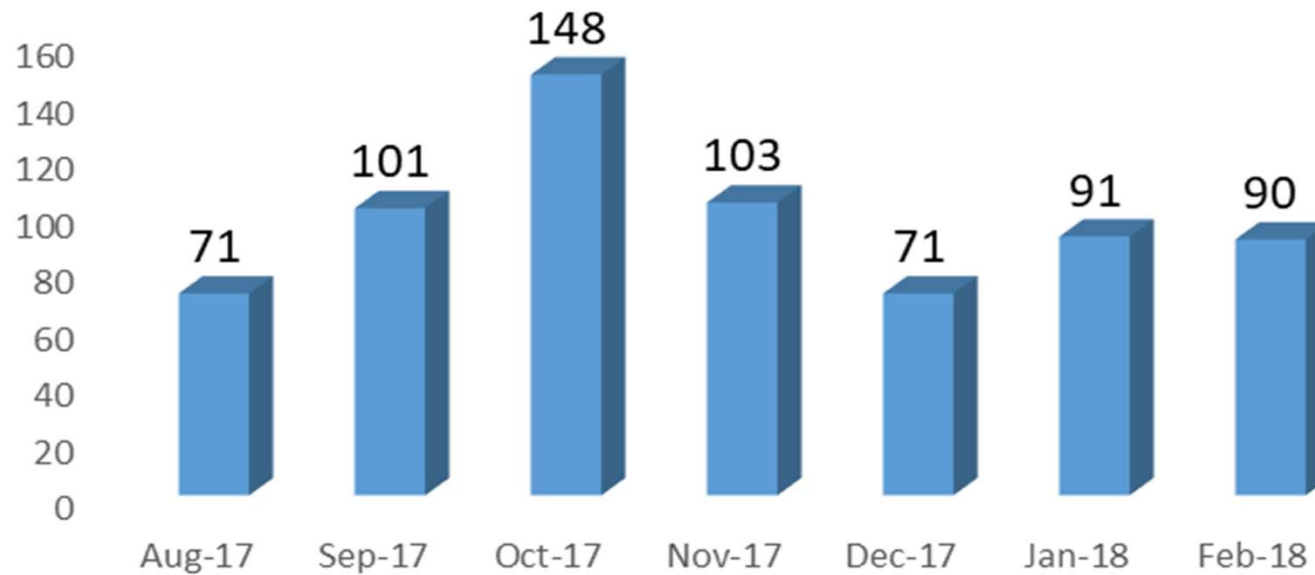


# Behavioral Health Urgent Care

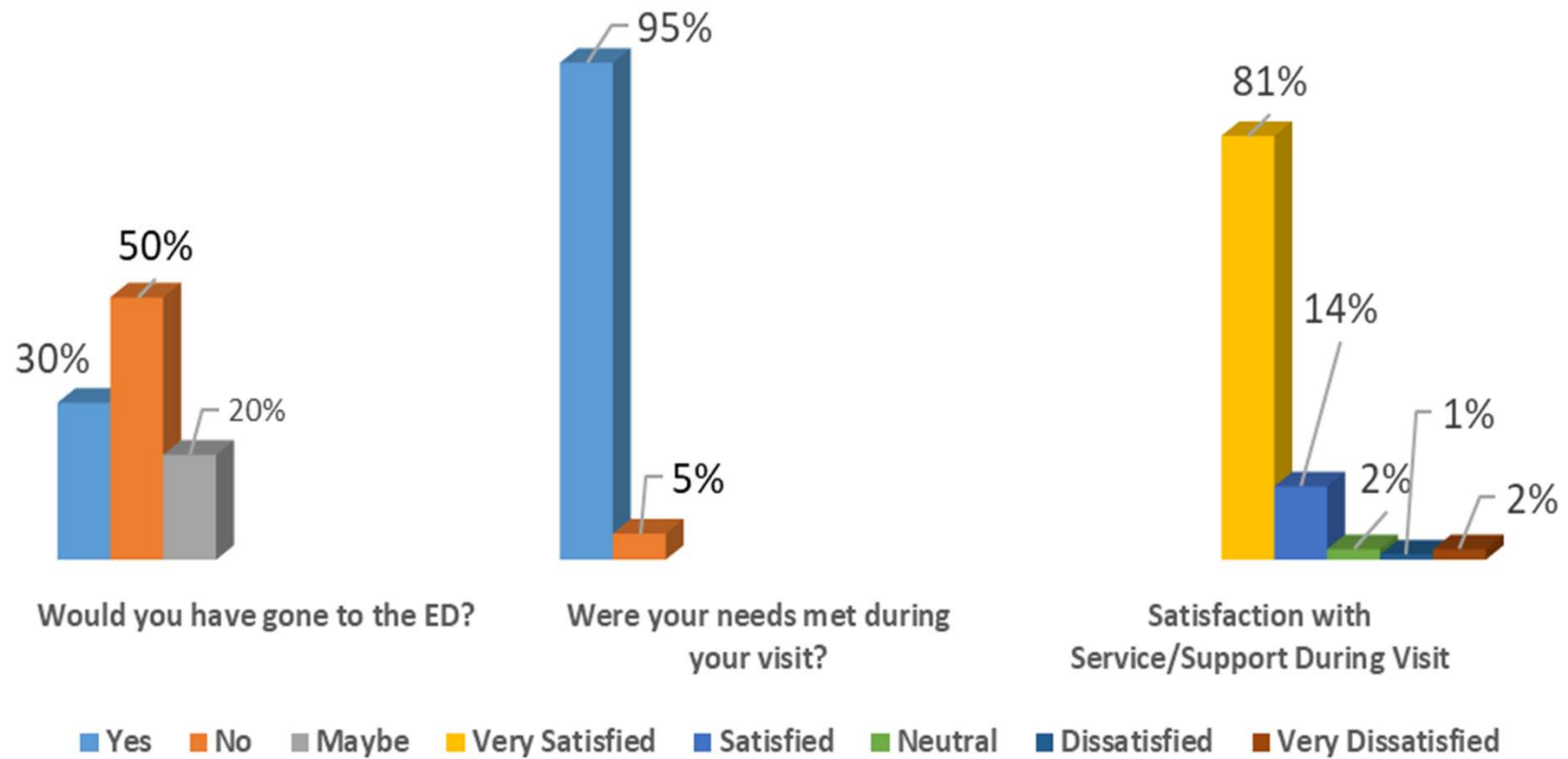
- Treatment model intended to divert individuals in need of behavioral health crisis assistance from the use of EDs
- Offers an array of services that includes:
  - Brief assessment
  - Stabilization and intervention
  - Nursing assessment and intervention
  - Psychiatric intervention
  - Case management to address social determinants of health disposition and discharge planning.

## Behavioral Health Urgent Care *Operated by Carolina Outreach*

### Individuals Served per Month



## Behavioral Health Urgent Care Satisfaction Survey Results (N=331)



# Response to the Opioid Epidemic

- Misuse of opioids and other prescription drugs is a national epidemic
- Alliance is just one part of what must be a community-wide and system-wide response
- This crisis has no economic, racial or gender bias. It cuts across all demographic lines

# Medication Assisted Treatment

- Opioid Treatment Program (OTP)
  - Outpatient methadone
  - Provider: BAART
- Office Based Opioid Treatment (OBOT)
  - Providers: B&D, Hope Centre for Advancement

# Intensive Day Programming

- Includes Substance Abuse Intensive Outpatient Program (SAIOP) and Substance Abuse Comprehensive Outpatient Treatment (SACOT)
  - Providers: B&D, Community Choices, Freedom House, Visions Counseling Studio, Healing with CAARE



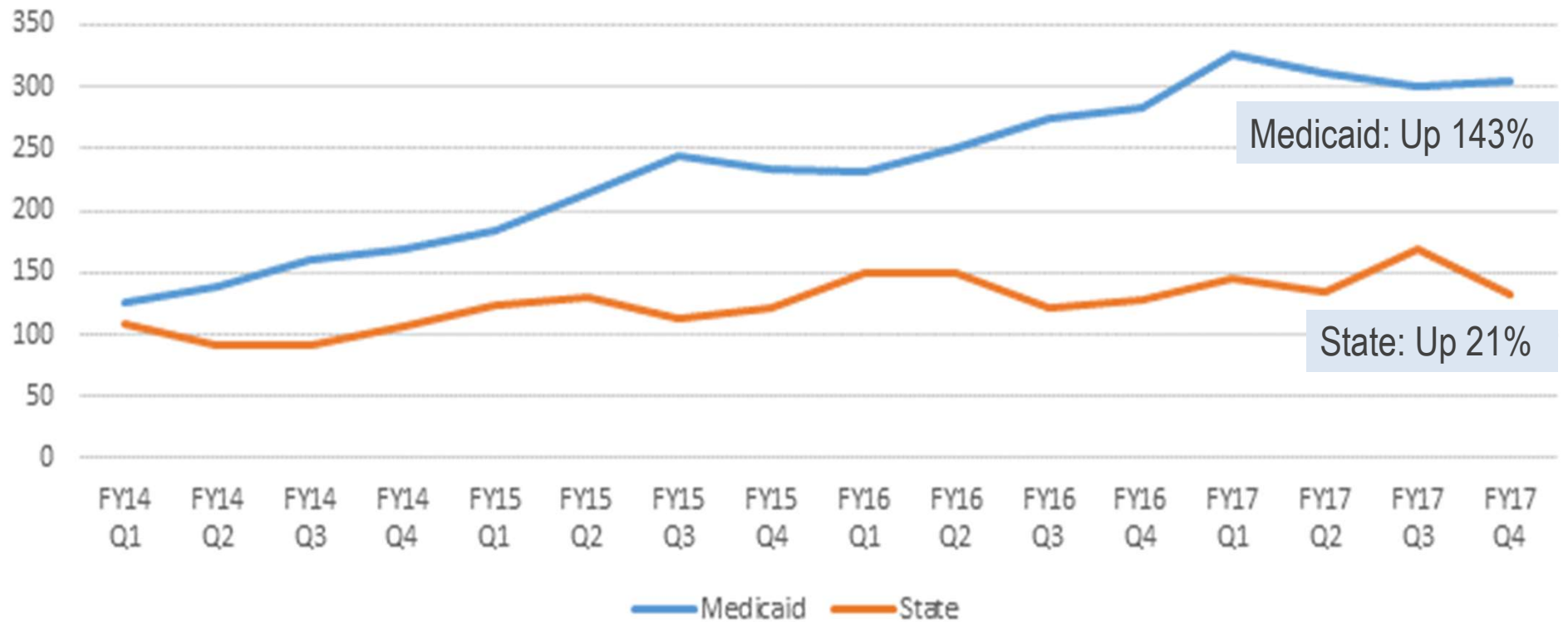
# Residential Services

- Transitional (Group) Living
  - Providers: Freedom House, Recovery Connections
- SA Halfway House
  - Provider: Freedom House
- Specialized Maternal-Perinatal Residential
  - Provider: Cascades

# Other Services

- SUD outpatient treatment and psychiatric services
  - 21 providers
- Crisis services and facility-based crisis/non-hospital detox
  - Provider: Recovery Innovations
- Behavioral Health Urgent Care
  - Provider: Carolina Outreach
- Peer Support
  - Providers: B&D, Recovery Innovations, Southlight

# Alliance # Served with Opioid Use Disorder (2014-2017)



# Alliance # Served and Cost (FY17)

Average Number Served/Month			Monthly Expenditures		
MEDICAID	STATE	TOTAL	MEDICAID	STATE	TOTAL
250	108	358	\$109,598	\$67,436	\$177,034
Total Annual Expenditure: \$2,124,408					

# Naloxone Distribution

- Distributed 648 free kits in FY17 through the NC Harm Reduction Coalition to providers in each Alliance county
- 100 kits to BAART and 50 to the Durham jail
- FY16 – spent \$25,000 for 330 kits for Durham County
- Developed a NLX Resource Guide advising of other NLX sources, including health department and patient assistance programs

# Prevention

- Insight Human Services is the prevention provider for Durham County
- Currently budget of \$432,692 dollars for the year
- Services include substance use prevention education activities for children, adolescents and families

# Community Education

- New website– *AllianceForAction.org*
- Directed to citizens, medical providers and pharmacists
- Links to a wealth of resources



# Community Education

The screenshot displays the Alliance for Action website. At the top, the logo "Alliance for Action" is on the left, and a navigation bar contains links for "HOME", "INDIVIDUALS", "MEDICAL PROFESSIONALS", "ABOUT ALLIANCE", and "GET TREATMENT". The main content area features three columns. The first column, with an orange background, is titled "It's Time for Action on Opioids" and includes an icon of a pill bottle. The second column, titled "Individuals", features a person icon and lists roles like Citizen, Family member, and Churchgoer. The third column, titled "Medical Professionals", features a person with a plus sign icon and lists roles like Physician, Pharmacist, and Health care worker. Each of the latter two columns has a "LEARN MORE" button. On the left side of the page, there are social media icons for Facebook, Twitter, and a heart icon. A "Feedback" button is located in the bottom right corner of the page.

**Alliance for Action**

HOME INDIVIDUALS MEDICAL PROFESSIONALS ABOUT ALLIANCE GET TREATMENT

**It's Time for Action on Opioids**

Alliance Behavioral Healthcare has compiled several resources, along with ready-made action plans, so no matter who you are, you can do something. You can make a difference.

**Individuals**

Citizen? Family member? Churchgoer? Teacher? No matter your role, as an individual you can make a difference in the opioid crisis by taking a few small, but critical actions.

**LEARN MORE**

**Medical Professionals**

Physician? Pharmacist? Health care worker? Counselor? Learn about simple steps you can take in your everyday practice to help stem the tide of the opioid crisis.

**LEARN MORE**

Feedback




# Community Education

[Alliance for Action](#)

[HOME](#) [INDIVIDUALS](#) [MEDICAL PROFESSIONALS](#) [ABOUT ALLIANCE](#) [→ GET TREATMENT](#)


## Take Action!

Below are three simple ways each individual can take action.  
Start here and make a big difference.




### Lock or Dispose

Make sure your meds don't become part of the problem. Secure them properly or learn about disposal sites and options.



### Learn About Naloxone

Be prepared to reverse an overdose by learning where to get and how to administer Naloxone.



### Recognize Red Flags

Learn to spot the signs of opioid misuse and addiction.

[Feedback](#)