

# DURHAM BOARD OF COUNTY COMMISSIONERS

## *Proclamation*

### NATIONAL RECOVERY MONTH | 2018

**WHEREAS**, behavioral health is now recognized as an essential part of one's overall health and wellbeing; and

**WHEREAS**, the costs of not encouraging mental health and substance use recovery is significant for individuals, families, neighborhoods and the community at large; and

**WHEREAS**, people in recovery strive to achieve healthy lifestyles, stable homes, meaningful daily activities, stronger neighborhoods and contribute in positive ways to the larger community; and

**WHEREAS**, the Center for Disease Control (CDC) reports that drug overdose is now the leading cause of accidental death in the U.S., with 64,000 lethal drug overdoses in 2016. Opioid addiction is driving this epidemic, accounting for 42,249 overdose deaths, approximately two thirds of all overdoses; and

**WHEREAS**, the Substance Abuse and Mental Health Services Administration (SAMHSA) reports that in 2016 43.8 million adults experienced mental illness and only about 44% received mental health treatment; and another 22.7 million adults were in need of substance use treatment while only 10-12% received treatment. Given these statistics, we must strive to reduce the stigma, shame and negative stereotypes associated with brain disorders and help individuals, families and the larger community learn to view them as we would any other medical condition; and

**WHEREAS**, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP) and the Recovery Community of Durham (RCOD) invite all residents of Durham County, North Carolina to participate in National Recovery Month.

**NOW, THEREFORE, BE IT RESOLVED** I, Wendy Jacobs, Chair of the Durham Board of County Commissioners and on behalf of the Durham Board of County Commissioners, do hereby proclaim the month of September 2018 as

### **“NATIONAL RECOVERY MONTH”**

in Durham County, and hereby call upon the people of Durham County to observe this month with appropriate programs, activities, and ceremonies to support this year's recovery theme:

**“Join the Voices for Recovery: Invest in Health, Home, Purpose and Community”**

This the 27<sup>th</sup> day of August, 2018.

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Wendy Jacobs, Chair  
Durham Board of County Commissioners

