

DURHAM BOARD OF COUNTY COMMISSIONERS

*Proclamation*

**TOGETHER FOR RESILIENT YOUTH PREVENTION MONTH | 2019**

**WHEREAS,** prevention of mental and substance use disorders works, treatment is effective, and people recover in our area and around the nation; and

**WHEREAS,** preventing substance use is essential to achieving healthy lifestyles, both physically and emotionally; and

**WHEREAS,** we must encourage youth, parents, adults, relatives and friends to participate in preventive measures, recognize the signs of a substance use problem, use of naloxone and guide those in need to appropriate resources and support services; and

**WHEREAS,** according to the 2017 Durham County Youth Risk Behavior Survey (YRBS) in the last 30 days before responding to the survey high school students report 10% cigarette use and 14% vape tobacco use, 21% alcohol use, 22% marijuana use and 13% prescription medication use. Risky behaviors such as suicide indicate 16% of high school students reported that they considered committing suicide during the 12 months; and

**WHEREAS,** to promote resilience and increase environmental strategies we invite all residents of Durham to participate with Together for Resilient Youth (TRY) in preventing substance use, the impact of Adverse Childhood Experience, other negative outcomes associated with substance use including: violence, crime, suicide, poor health and overdose and providing support parents that have lost children due to overdose;

**NOW, THEREFORE, BE IT RESOLVED** I, Wendy Jacobs, Chair of the Durham Board of County Commissioners and on behalf of the Durham Board of County Commissioners, do hereby proclaim the month of February 2019 as

**“TOGETHER FOR RESILIENT YOUTH PREVENTION MONTH”**

in Durham County, and hereby call upon the citizens of Durham to observe this month with appropriate activities and programs throughout the community.

This the 28<sup>th</sup> day of January, 2019.

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Wendy Jacobs, Chair  
Durham Board of County Commissioners

