

DURHAM BOARD OF COUNTY COMMISSIONERS

Proclamation

NATIONAL RECOVERY MONTH | 2019

- WHEREAS,** behavioral health is now recognized as an essential part of one's overall health and wellbeing; and
- WHEREAS,** the costs of not encouraging mental health and substance use recovery is significant for individuals, families, neighborhoods and the community at large; and
- WHEREAS,** people in recovery strive to achieve healthy lifestyles, stable homes, meaningful daily activities, stronger neighborhoods and contribute in positive ways to the larger community; and
- WHEREAS,** the Center for Disease Control (CDC) reports that drug overdose is now the leading cause of accidental death for adults under fifty-five in the U.S., with over 72,000 lethal drug overdoses in 2017; and
- WHEREAS,** Substance Abuse and Mental Health Services Administration (SAMHSA) reports that in any given year, 20% of Americans will experience a mental health issue but only 44% of adults and 38% of youth received appropriate mental health treatment. Given these statistics, we must strive to reduce the stigma, shame, and negative stereotypes associated with brain disorders and help individuals, families, and the larger community learn to view these health issues as any other medical condition; and
- WHEREAS,** the U.S. Department of Health and Human Services (HHS), SAMHSA, the White House Office of National Drug Control Policy (ONDCP), and the Recovery Community of Durham (RCOD) invite all residents of Durham County, North Carolina to participate in National Recovery Month to help more people achieve and sustain long-term recovery.

NOW, THEREFORE, BE IT RESOLVED I, Wendy Jacobs, Chair of the Durham Board of County Commissioners and on behalf of the Durham Board of County Commissioners, do hereby proclaim the month of September 2019 as

“NATIONAL RECOVERY MONTH”

in Durham County, and hereby call upon the people of Durham County to observe this month with appropriate programs, activities, and ceremonies to support this year's recovery theme:

“Join the Voices for Recovery: Together We Are Strong”

This the 26th day of August 2019.

Wendy Jacobs, Chair
Durham Board of County Commissioners

